



Local COVID-19 and winter support

Help with shopping, prescriptions, a friendly chat and more:

Botley Responders:

Email: BotleyResponders@gmail.com
Web: northhinksey-pc.gov.uk/covid-19-community-hub/

Cumnor COVID-19 Group:

Email: Cumnorcommunity@gmail.com
Trish: 07954 586611

<p>Oxfordshire County Council Support for vulnerable and 'at risk' people: 01865 89 78 20 (Mon to Fri) or email shield@oxfordshire.gov.uk</p>	<p>Vale of White Horse District Council Support for those in need (not high risk): 01235 422600 (Mon to Fri), or email communitysupport@southandvale.gov.uk</p>
<p>Oxford Together Request support for yourself or someone else – just fill in a simple form: https://forms.oxfordtogether.org/support-form or phone : 07957 105129 (9am-5pm Monday-Friday)</p>	<p>NHS Volunteer Responders: Request support during shielding, self-isolating, or caring: 0808 196 3646 (8am to 8pm, 7 days a week) https://nhsvolunteerresponders.org.uk/services</p>

Medical services

<p>For all medical concerns: Telephone 111, or visit www.nhs.uk/</p> <p>Botley Medical Centre: 01865 248719, 01865 730911 Flu jabs: phone after 11am to book a slot</p> <p>Lloyds Pharmacy: 01865 247023 (also does flu jabs)</p> <p>Woodlands Pharmacy: 01865 242649 (Prescription deliveries, also does flu jabs)</p>	<p>If you have coronavirus symptoms:</p> <ul style="list-style-type: none"> • a high temperature • a new, continuous cough • a loss of, or change to, your sense of smell or taste <p>Get a test and stay at home (Check latest NHS advice on symptoms)</p> <p>Getting a COVID test www.gov.uk/get-coronavirus-test or call 119 (lines are open 7am to 11pm)</p>
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More advice and support online

Free and low cost food, deliveries, financial help and more:

northhinksey-pc.gov.uk/covid-19-community-hub/
whitehorsedc.gov.uk/uncategorised/coronavirus-community-support/